



Board of Jewish Education of Metropolitan Chicago
Marshall Jewish Resource Center

FAMILY LOSS RESOURCE BOX



Bubby, Me and Memories

By Barbara Pomerantz

Depicts the loss felt by a young child after the death of her grandmother.

Publisher: Union of American Hebrew Congregations



A Candle For Grandpa; A Guide to the Jewish Funeral for Children and Parents

By David Techner and Judith Hirt-Manheimer, illustrated by Joel Iskowitz

This illustrated story sensitively explains the Jewish view of death and funeral practices and rituals to young children. It includes a glossary of Jewish funeral terms and a "Q & A" of most frequently asked questions by children and parents.

Publisher: Association of Jewish Libraries Sydney Taylor



Daddy's Chair

By Sandy Lanton, illustrated by Shelly O. Haas

Lanton presents the concept of a parent's death in a manner that is sensitive, realistic, and appropriate for young children. General concepts necessary to the process of accepting death are explained such as the fact that "good guys die" and that dead means the person won't ever come back. In addition, more specific Jewish customs and traditions observed during the seven days of shiva are discussed.

Publisher: Kar-Ben



Healing a Teen's Grieving Heart

By Alan D. Wolfelt, PhD.

Offers practical, action oriented, ideas and tips for supporting a grieving teen.

Publisher: Companion Press

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Healing the Grieving Heart

Alan Wolfelt, PhD.

Offers practical, action oriented, ideas and tips for supporting a grieving friend or family member.

Publisher: Companion Press



Healing a Parent's Grieving Heart

Dr. Alan Wolfelt, PhD.

Compassionate advice and simple activities for helping grieving parents.

Publisher: Companion Press



How Do We Tell the Children?

By Dan Schaefer, PhD and Christine Lyons

A step-by-step guide for helping children two to teen cope when someone dies. This resource includes a quick response checklist.

Publisher: New Market Press



If Nathan Were Here

by Mary Bahr; illustrated by Karen A. Jerome

Gently explores the grief of a young boy whose best friend has dies. With the help of an understanding teacher, a kind neighbor, and an empathetic parent, the boy finds ways to give expression to his questions and sorrow and to reach out to someone else who needs him.

Publisher: Eerdmans Books for Young Readers



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The Jewish Mourner's Book of Why

by Rabbi Alfred J. Kolatch

This book is part of the "The Jewish Book of Why" series. It addresses numerous concerns of both the mourner and the Jewish community as a whole. Utilizing the question-and-answer format, the author explains the whys and wherefores of Jewish death and mourning rites and rituals in a concise, straightforward manner. Unbiased in his approach, the views of all Jewish denominations are represented.

Publisher: Jonathan David



The Little Leaf

by Chana Sharfstein illustrated by Rochelle Blumenfeld

This tender account of the life cycles of a leaf is an allegory for all ages. It demonstrates how Divine Providence guides us, and how every stage of life has a unique purpose. Accompanied by exquisite oil paintings, each page is a work of art.

Publisher: Jewish Lights



Lost and Found

By Rabbi Marc Gellman and Monsignor Thomas Hartman

The first part of this book, Lost, but Not Gone Forever, covers issues such as losing possessions, losing at sports, losing siblings when they move away from home, losing a parent in a divorce, losing a limb, and losing confidence. The second section covers death and grieving.

Publisher: Reed Business Information, Inc.



Mourning and Mitzvah; A Guided Journal to Walking the Mourner's Path

by Anne Brener

Fully engaging in mourning means you will be a different person than before you began. This book contains information for those who mourn a death, for those who would help them, and for those who face a loss of any kind.

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Stones for Grandpa

by Renee Londer; illustrations by Martha Avilés

After a year of missing his grandfather and remembering things they did together, a young boy and his family unveil Grandpa's tombstone, place stones on it, and share stories, knowing the memories will never be lost.

Publisher: Kar-Ben



Straight Talk About Death for Teenagers

By Earl A. Grollman

Grollman explains what teens can expect when they lose someone they love. He discusses normal reactions to the shock of death, and walks teens through the stages of grief and mourning. The book also includes a journal section for recording memories and feelings.

Publisher: Beacon Press



Talking About Death: A Dialogue Between Parent and Child

By Earl A. Grollman, illustrated by Susan Avishai

Why do people die? How do you explain the loss of a loved one to a child? This book is a compassionate guide for adults and children to read together, featuring a readalong story, answers to questions children ask about death, and a comprehensive list of resources and organizations that can help.

Publisher: Beacon Press





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A Time to Mourn, A Time to Comfort

by Dr. Ron Wolfson

A guide to meeting the needs of those who mourn and those who seek to provide comfort in times of sadness. The book includes the specifics for funeral preparations and practical guidance for preparing the home and family to sit *shiva*. Advice is given for attending a Jewish funeral, how to help during *shiva*, what to say to the mourners, and what to write in a condolence letter.

Publisher: Jewish Lights



We Can Make It Happen!

by Jane Taubengeld Cohen; illustrated by Bea Taubenfeld

The death of an extraordinary man inspires others to live as he did: caring for the sick, making people smile, and enjoying life.

Publisher: Kidapoetz



What Happens After I Die?; Jewish Views of Life After Death

by Rifat Sonsino and Daniel B. Syme

Soncino and Syme offer a wide spectrum of Jewish responses to the question of life after death. Classical answers are drawn from traditional Jewish literature. Modern Jewish thinkers, from all denominations in the Jewish community, add their personal notions of life after death.

Publisher: UAHC



When a Grandparent Dies; A Child's Own Workbook for Dealing with Shiva and the Year Beyond

by Nechama Liss-Levinson Ph.D.

The death of a grandparent is often a child's first encounter with grief. Why did this happen? What should I do? How do I feel? This workbook helps children to participate in the process of mourning, and overcome the awkwardness that often accompanies their participation in grieving rituals. Drawing insights from both psychology and Jewish tradition, this volume offers children guided exercises, rituals, and places to write, draw, list, create, and express their feelings.

Publisher: Jewish Lights

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Where is Grandpa Dennis?

by Michelle Shapiro Abraham

A mother explains Jewish customs about death to her daughter Devorah, and tells her that although Grandpa Dennis is dead, his soul lives on in the way he is remembered.

Publisher: URJ Press

